

A glowing incandescent light bulb is the central focus of the image. The bulb is illuminated from within, creating a warm, golden-orange glow that fills the background. The glass of the bulb is slightly textured and shows some reflections. The filament is visible at the bottom of the bulb. The overall mood is warm and inviting.

# The Top 10 for Lighting Design and IESNA

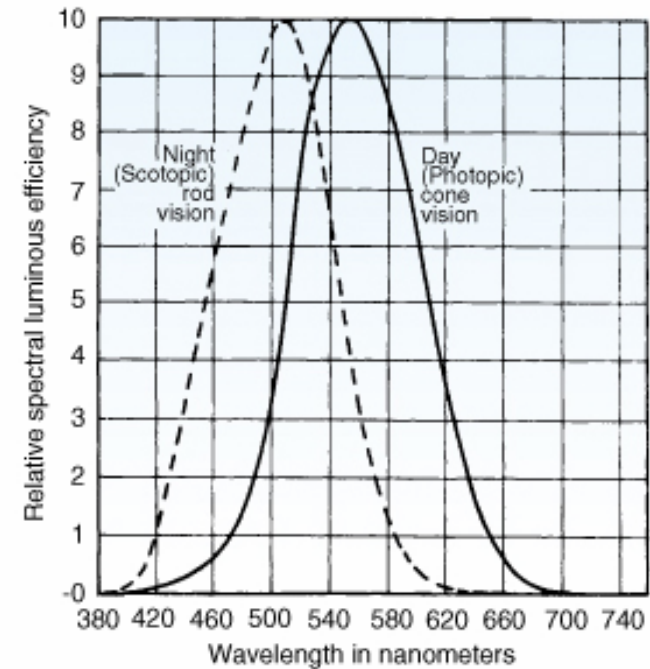
James R Benya, PE,  
FIES, FIALD, LC

# 10. The Blue Light Cult



# Blue Lumens

- Originated from Dr. Sam Berman
- Based on Vlamba' (scotopic vision)
- Addresses Purkinje Shift
- Issue: how does this affect vision at all levels?



# 9. Learning How We See



# Advanced Vision Research

## Historic

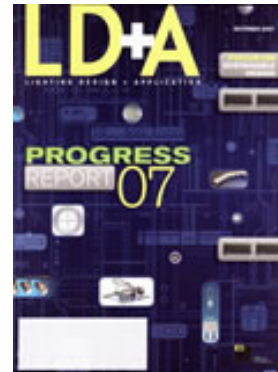
- Static
- Photopic
- Performance Based



## Now Needed

- Dynamic
- Scotopic, Mesopic, Photopic
- Visibility and Performance Based
- Adaptation Included
- ETAL concepts including spacial frequency analysis

# 8. IESNA The Lighting Authority



# Threats to Our Authority

- USGBC and CAGBC
- ICC
- Federal Governments
- State and Provincial Governments
- International Dark Sky Association

# 7. Returning the Night Sky



Los Angeles, 1908



Los Angeles, 1988

# Opportunity

- An age of discovery
- An age of wonder
- Necessary contributions to the functionality of the built environment
- Creative contributions to the enjoyment of life



# Reality



# How To Fix This

- Work with International Dark Sky Association
- Develop a Model Lighting Ordinance
- Promulgate and Teach the MLO
- Make MLO compliant products

# 6. Lighting Education



# Limited Opportunities

- Less than 10 universities World Wide offering degrees in lighting
- North American Programs in Good Shape
  - Penn State
  - Parsons
- North American Programs in Trouble
  - RPI
  - Colorado
  - Nebraska
- North American Programs Gone
  - Illinois
  - New Hampshire
- Other North American Programs to Watch
  - UC Davis
- Noteworthy Changes
  - Dave DiLaura
  - Bob Davis
  - Kevin Houser

# Needed: Academic Leadership and Investment

- Industry needs to invest in the colleges
- Return to existing IESNA recommendations of regional education
- **FIND THE MONEY**

# 5. The Hot Technology of our Future



# Status 10/17/07

## Promises

- 160 LPW
- Fabulous Color
- 100,000 hour life
- Your Dreams Come True
- Light Everything

## Delivered

- 50-60 MLPW
- CRI up to 92
- 50,000 hours with heat sinking
- Practical white and color applications
- Standards Evolving

# Is the LED Downlight any good?

12 watt LED 6" downlight versus

- a. Incandescent 65R30
- b. Halogen 45PAR/IR/FL40
- c. True CF 13 watt good downlight
- d. Screw in CF 17 watt R40



# Ratings

## Lumen Output

1. True CF (900 L)
2. Halogen (800 L)
3. Incandescent (755 L)
4. Screw in CF (725 L)
5. LED (600 L)

## Apparent Light

1. LED
2. Screw in CF (after warm-up)
3. Incandescent
4. True CF
5. Halogen

# Ratings

## Power

1. LED 12w
2. Screw in CF  
15w
3. True CF 16w
4. Halogen 45w
5. Incandescent  
65w

## Dimming

1. Halogen
2. Incandescent
3. LED
4. True CF\*
5. Screw in CF\*

\* *Dimming ballast*

# Ratings

## Glare Control

1. Halogen
2. True CF
3. Incandescent
4. Screw in CF
5. LED

## Life (hours)

1. LED\*\* (>20K)
2. True CF (10K)
3. Screw in CF (8K)
4. Halogen (4K)
5. Incandescent (2K)

\*\*unproven

# Ratings

## Color

1. Halogen
2. Incandescent
3. LED
4. True CF
5. Screw in CF

## Cost (downlight)

1. Incandescent \$20
2. Halogen \$25
3. Dimmable Screw in CF \$35
4. Dimmable LED \$75-100?
5. Dimmable True CF \$100

# A promising future 4" product

- Adds glare control
- Improves appearance
- 600 lumens 12 watts 2700K 92 CRI
- The “real” breakthrough?



# 4. Photobiology



# Current Issues

## Human Benefits

- Health attributable to Circadian rhythms
  - Shift work
  - SAD
  - Senior health
- Productivity attributable to lighting and daylighting
  - Heschong Mahone Group PIER findings
  - Light Right business productivity findings
- Clinical Uses
- Vitamin D
- Impacts on other Living Creatures
  - Positive impacts (agriculture)
  - Negative impacts (sea turtles)

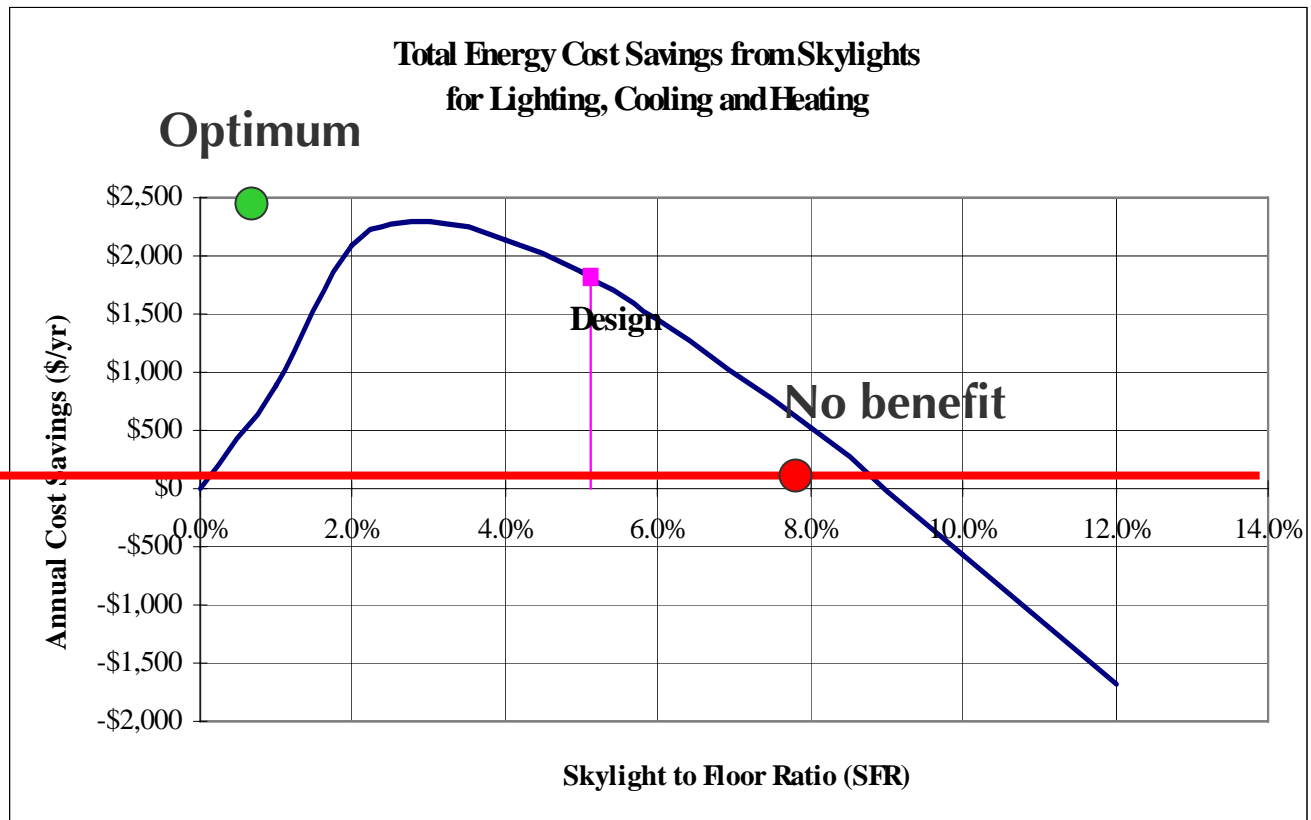
# Future Issues

- Cancer related issues
- Aging Issues
- Circadian management
- Impact of outdoor lighting

# 3. Daylight is Lighting



# Daylighting Science is Illuminating Engineering



# Savings from Good Daylighting

- Up to 100% of lighting demand
- The cooling associated with lighting demand
- Excessive cooling due to sub-optimal daylighting
- Cooling energy coincident with other peaks

# Critical to Good Daylighting

- Proper massing
- Proper orientation
- Proper shading
- Take advantage of topography, landscape and other natural elements



## 2. Sustainable Products



# Using Fewer and Better Materials

## Materials of tomorrow

- “Cradle to cradle” thinking
  - Recycle
  - Restore and renovate
  - Retrofit
- Good Materials
  - Low inherent energy
  - Easy recycled
  - Minimal environmental drawbacks
- Bad Materials
  - Single cycle then trash
  - High inherent energy
  - Toxic

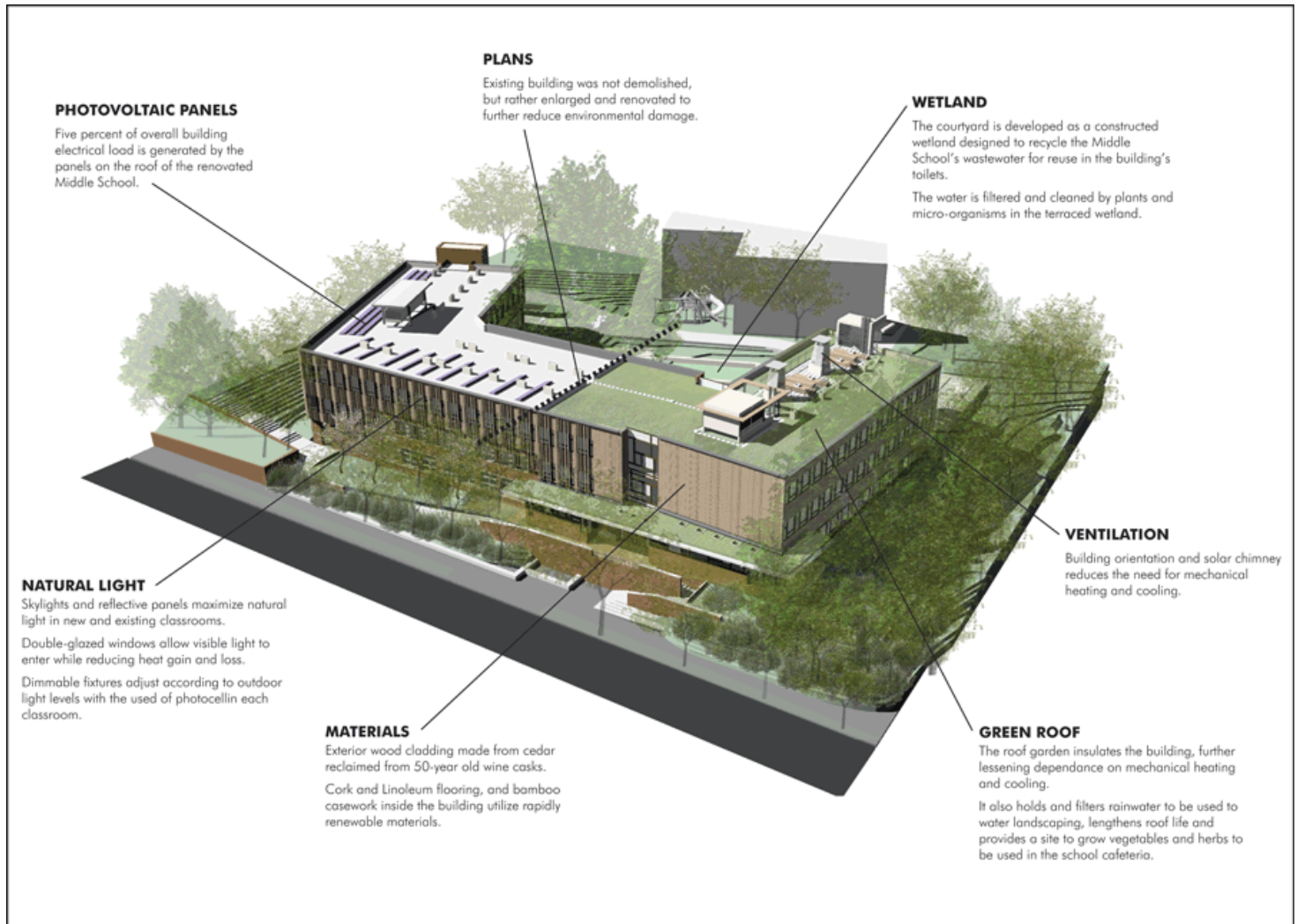
# Lighting's Issues

- Heavy dependence on oil-based materials
  - Acrylic
  - Thermoplastics
- Mercury containing lamps
- PCB containing ballasts
- Electronics containing a variety of pollutants
  - Lead
  - Mercury
- Considerable by-products
  - Spent lamps
  - Short life luminaires

# Sustainable Opportunities

1. Develop an energy efficient, non toxic, pollution free lighting technology and use it.
2. Carefully choose materials for products. Enhance and encourage those renewable or recyclable.
3. Minimize amount of lighting and related electrical infrastructure
  - Reduce trash and non recyclables
  - Reduce the use of copper aluminum and steel

# 1. Sustainable Design



# Sustainable Opportunities

1. Take major steps to develop daylighting as a **preferable** light source.
2. Help accelerate the development and use of advanced integrated controls.
3. Work to comprehensively reduce lighting power use.
4. Develop and teach new methods for better use of energy.
5. Cease to reward blatant energy wasting applications.



A glowing lightbulb is the central focus of the image, set against a warm, golden-yellow background. The lightbulb is illuminated from within, creating a bright glow that fades into the background. The text is centered over the lightbulb.

Net Zero  
Buildings - Why  
Wait for 2030?

# Defining “Net Zero”

- Net Zero Electricity
- Net Zero Energy
- Net Zero Carbon Footprint
- Off Grid

# Almost zero lighting energy



The Sidwell Friends School  
LEED Platinum  
92% Lighting Energy Savings

# Net Zero Electricity



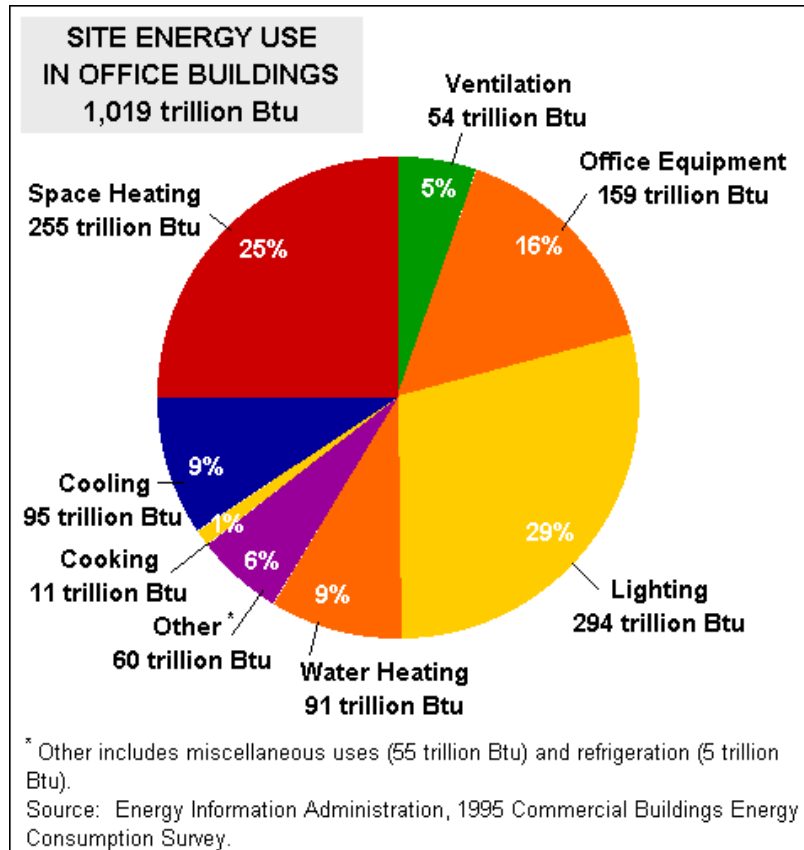
The Chartwell School, Seaside CA

- LEED Platinum
- Net Zero Electricity
- Practical Costs

# Concept Behind Net Zero

- Building energy demand profile does not match non-depletable source profile
- Excess thermal energy can be stored but excess electric energy is better off returned to the grid as a “bank”
- Bank “account” is depleted periodically

# Office Building Energy Use



## Prime Targets for Net Zero Electricity

- Lighting
- Lighting related cooling
- Cooling due to bad daylighting
- Office Equipment



# Old Energy Proverb

**Negawatts cost less  
than Megawatts**

# Step 1: Significantly Better Daylighting

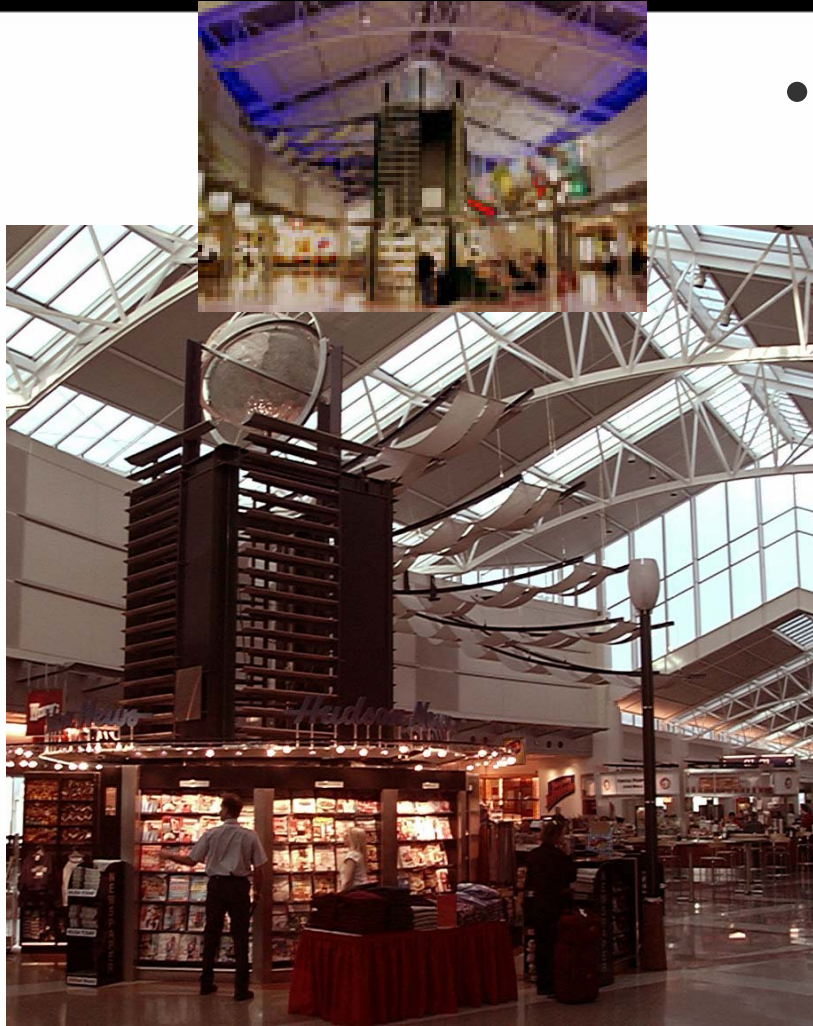
## SAVE

- Up to 100% of lighting demand
- The cooling associated with lighting demand
- Excessive cooling due to sub-optimal daylighting
- Cooling energy coincident with other peaks

# Step 2: Better Electric Lighting

- High efficiency lighting equipment
- Smart Lights – ability to control through digital lighting infrastructure
- Natural ambient design technique – in daylighted spaces, avoid trying to produce daytime light levels with electric light
- Low ambient design
- Integrated control that assures daylight harvesting

# Technique: Natural Ambient



- Takes advantage of the day-night cycle  
High light levels by day (but not too high)  
Low light levels by night (but not too low)  
Lights OFF by day  
– let the levels follow nature

# New Technique: Natural Ambient



# Step 3: Drop IT Power

## 2007 oPod Survey of California Offices

- Lighting 1.1 w/sf
- Computers 0.7 w/sf
- Monitors 0.4 w/sf
- Printers and misc Varies, at least 0.2 w/sf

# Simple IT Changes

- Use laptops or thin clients
  - Standard office computer 60-120 watts
  - Laptop 15-50 watts
  - Thin client 10-20 watts
- Use LCD screens
- Minimize wall-warts
- Employ IT energy management software

# Step 4: Control Plug Loads

## Plug Loads Discovered

- Portable space heaters (10%)  
1500w
- Hot/cold water dispenser  
500 w
- Personal refrigerator (2%)  
120 w
- Personal fan (5%)  
25 w

# Step 5: Mechanical and Envelope Solutions

Passive Systems such as

- Passive solar techniques
- White roof
- Better insulation
- Natural ventilation

Active Systems such as

- Hot water collectors
- Heat pumps (ground or water source)
- Dark sky systems
- Storage systems

## Step 6: Load Shedding Controls

A system to shed loads to force a better demand profile or simply prevent use at bad times

A system to shed load in response to grid demand and/or time of use costs

# Step 7: Add non-depletable source

## Ordinary Efficient Building

- Lights 1.1 w/sf
- Computers 1.1 w/sf
- HVAC (cooling) 1.0 w/sf
- Plug load other .5 w/sf
- Non-process .5 w/sf

DEMAND 4.2 w/sf

## Super Efficient Building

- Lights 0.2 w/sf
- Computers 0.5 w/sf
- HVAC (cooling) .5 w/sf
- Plug load other .25 w/sf
- Non-process .25 w/sf

DEMAND 1.7 w/sf

# A Net Zero Building\*

## Envelope

- North facing triple glazed façade
- Central north facing clerestory skylight
- South facing windows with light shelf
- Skylights throughout

## Mechanical

- Water source or ground source heat pump
- Natural ventilation
- Green roof with PV array
- Good insulation

\*Net zero carbon on a fairly normal budget

# A Net Zero Building\*

## Lighting

- General lighting 0.3 w/sf
- Task lighting 0.45 w/sf
- Digital dimming and controls for all systems
- Daylighting designed for >90% effectiveness

## Plug Loads

- Demand response and management controls
- Workstation sensors
- >95% conversion to laptops without desktop monitor
- All LCD monitors on other computers

\*Net zero carbon on a fairly normal budget

# Other Keys to Success

- Totally integrated design team
- Daylighting is part of schematic design
- Owner, architect, engineers and consultants are all part of schematic design
- Early definition of goals
- Early identification of incentives and rules
- Use LEED later not now

A close-up photograph of a glowing incandescent light bulb. The bulb is the central focus, emitting a warm, golden-orange light that fills the frame. The glass of the bulb is slightly textured and shows some reflections. The background is dark, making the light from the bulb stand out. The overall mood is warm and inviting.

[www.benyalighting.com](http://www.benyalighting.com)

**Merci**